

 **BREAKFAST SPECIALS** 

Served until 11:30am

Eggs Royale <i>460KCAL</i>	£9.95
Smoked salmon, toasted English muffin, poached eggs and hollandaise.	
Eggs Florentine (V) <i>286KCAL</i>	£8.45
Spinach, toasted English muffin, poached eggs and hollandaise.	
Eggs Benedict <i>469KCAL</i>	£8.95
Roast Wiltshire ham, toasted English muffin, poached eggs and hollandaise.	
Eggs Cypriot <i>570KCAL</i>	£8.95
Grilled halloumi, smashed avocado, toasted English muffin, poached eggs and hollandaise.	
Breakfast sundae <i>749KCAL</i>	£7.95
Homemade granola, seasonal berry compote, honey and fresh berries.	

BREAKFAST

Served until 11:30am

Full English breakfast 1114KCAL £11.95

Two eggs of your choice, two rashers of bacon, two breakfast sausages, two hash browns, black pudding, roasted tomatoes, flat mushroom, baked beans and toast.

Light breakfast 657KCAL £8.95

One egg of your choice, one rasher of bacon, breakfast sausage, hash brown, roasted tomato, flat mushroom, baked beans and toast.

Vegetarian breakfast (V) 580KCAL £8.95

One egg of your choice, grilled halloumi, crushed avocado, hash brown, roasted tomato, flat mushroom, baked beans and toast.

Vegan breakfast with scrambled tofu (VG) 408KCAL £10.95

Scrambled tofu, sauteed spinach, hash browns, baked beans, smashed avocado, flat mushroom & toast.

Child's breakfast 518KCAL £6.95

Fried egg, breakfast sausage, baked beans, hash brown and toast.

Breakfast bruschetta (VG) 1140KCAL £8.45

Grilled sourdough toast, fresh spinach, roasted tomatoes, avocado, toasted mixed seeds, basil oil and micro basil.

Eggs on toast 126KCAL £6.45

Two eggs of your choice served on white, brown or sourdough toast.

Sausage cob 554KCAL £6.45

Toast and preserve 273KCAL £3.45

White or brown toast with your choice of preserve (gluten-free bread available).

Bacon cob 375KCAL £6.45

Halloumi cob 591KCAL £6.45

Toasted teacake 276KCAL £2.95

Sides £1.95

Avocado 187KCAL

Mushrooms 71KCAL

Bacon 148KCAL

Poached eggs 66KCAL

Baked beans 103KCAL

Sausage 176KCAL

Black pudding 149KCAL

Scrambled eggs 271KCAL

Fried eggs 111KCAL

Sliced ham 240KCAL

Halloumi 257KCAL

Spinach 84KCAL

Hash brown 259KCAL

Tomato 75KCAL

Hollandaise 80KCAL

Smoked salmon 76KCAL £2.95

DRINKS

HOT BEVERAGES

All our coffees use our very own Blue Diamond blend made from 100% arabica beans grown in South and Central America.

Skimmed, soya and premium dairy-free milks available upon request at 30p extra.

Americano Reg £2.95 Lrg £3.25

Cappuccino Reg £3.25 Lrg £3.45

Espresso Sgle £2.30 Dble £2.65

Flat white (double shot) £3.20

Latte Reg £3.25 Lrg £3.45

Mocha £3.55

Flavoured syrup £0.80

Hot chocolate £3.45

Hot chocolate with cream £3.90

Luxury hot chocolate with cream and marshmallows £4.40

Chai latte £4.25

Made using organic black tea and a milk of your choice.

Matcha latte £4.25

Made using organic green tea and a milk of your choice.

Pot of tea for one £2.40

Our Blue Diamond blend is made from the finest Ceylon, Kenyan and Assam tea.

Pot of Speciality loose leaf tea for one £2.85

Earl grey, Orange pekoe, Darjeeling, Raspberry and rosehip, Ginger and apple, Strawberry and kiwi, Pure peppermint, Japanese sencha green tea and Pure chamomile.

COLD BEVERAGES

Coca-Cola £3.00 Fanta Orange £3.00

Diet Coke £3.00 Sprite Zero £3.00

Coke Zero £3.00 Still/Sparkling water £2.00

Posh Pop £3.20

Choose from: Ginger beer with chilli, Cream soda, Plum and cherry, Dandelion and burdock. Sugar-free options: Strawberry and rhubarb, Cloudy lemonade or Elderflower.

Daymer Bay fruit juice £3.25

Choose from: Apple, Cranberry, Orange or Pineapple.

PLEASE ASK A MEMBER OF OUR TEAM FOR OUR SEASONAL DRINKS* AND ALCOHOL LISTING

KCALs and allergy information available upon request.

*Available at selected centres.



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Latte	Reg £3.25	Lrg £3.45
Mocha		£3.55
Flavoured syrup		£0.80
Hot chocolate		£3.45
Hot chocolate with cream		£3.90
Luxury hot chocolate with cream and marshmallows	£4.40	
Chai latte		£4.25
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Daymer Bay fruit juice			£3.25
Choose from: Apple, Cranberry, Orange or Pineapple.			

SOUP

Served 11am - 4pm

Soup of the day £6.95

Please ask a member of the team for today's choice.

Served with a warm white, brown or GF bread roll.

Swap your roll for a cheese scone £1.50

HOMEMADE MAINS

Served 12pm - 3pm

Classic fish and chips (GF) 1070KCAL £14.95

Hand battered sustainably sourced cod fillet served with gourmet chips, buttered garden peas, homemade tartare sauce and a lemon wedge.

Signature burger 1546KCAL £14.95

Homemade 8oz beef burger served with maple glazed bacon, melted Monterey Jack cheese, gourmet chips, homemade onion rings and our own cherry tomato relish served in a toasted brioche bun with gherkins, beef tomato, red onions and gem lettuce.

Chicken katsu burger 1035KCAL £14.95

Crispy chicken fillet, red pickled cabbage, gem lettuce, Japanese-style mayonnaise and gourmet chips, served in a toasted brioche bun.

Turkey roulade 1007KCAL £15.95

Served with creamy mash, braised cabbage and cranberry gravy

Real ale and steak pie 1180KCAL £14.45

Triple egg omelette with three fillings (GF) 826KCAL £12.95

Choose from: ham, bacon, goats' cheese, mature cheddar, sun dried tomato, mushroom, spinach, spring onions, smoked salmon served with gourmet chips and dressed watercress.

Maple glazed ham (GF) 708KCAL £13.45

Two fried eggs, gourmet chips, golden beetroot piccalilli, homemade red cabbage and caraway salad.

Arugula and basil pesto risotto (V/VG) 98KCAL £11.95

with sautéed wild mushrooms.

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KCALs and allergy information available upon request.

*Available at selected centres.

CHOOSE YOUR SALAD

Served 11am - 4pm

Did you know that all of our Deli counters are nutrient-rich and include ingredients you must have in your daily diet?

One salad: £3.25 Two salads: £5.95 Three salads: £7.95

Roasted lentil with pickled beetroot, savoy cabbage, cucumber, spring onions and fresh herbs (V/VG) 381KCAL £3.25

Miso roasted butternut squash with wholemeal pasta, kale, Feta and mixed seeds (V) 392KCAL £3.25

Vibrant slaw with savoy, red cabbage, kale, fennel, carrots and grapefruit vinaigrette (V/VG) 421KCAL £3.25

Garden leaf salad, tomato, cucumber and spring onion (V/VG/GF) 46KCAL

HOMEMADE DELI OPTION

Why not add any of the above salads to accompany your dish?

Greek style stuffed aubergine (V/GF) 206KCAL £6.45
Red onion, peppers, courgettes, black olives, fresh parsley, oregano and Feta cheese.
(Vegan cheese available)

Parmesan and herb crusted chicken breast (GF) 387KCAL £7.45

Glazed ham 283KCAL £6.95

Homemade sausage roll of the day £6.95
Please ask a member of the team for today's choice.

Homemade quiche of the day £6.95
Please ask a member of the team for today's choice.

Herb and lemon poached salmon (GF) 271KCAL £8.95

Homemade Bombay Aloo scotch egg with coconut and mango yoghurt (V) 273KCAL £6.45

BETWEEN THE BREADS

Served 11am - 4pm

Choice of baguette, multi-seed roll or bloomer bread.
Served with salad garnish and crisps (GF bread available)
Swap your salad and crisps for chips: £2.50

Ploughmans ham sandwich with golden beetroot picalilli 919KCAL £9.45

Classic coronation chicken and fresh arugula 947KCAL £9.45

Egg mayonnaise and chive (V) 912KCAL £8.45

Tuna crème fraîche and cucumber 865KCAL £9.45

Prawn Marie Rose 923KCAL £9.95

BAKED POTATOES

Served 11am - 4pm

Served with salad garnish

Chickpea and spinach curry (V/VG) 781KCAL £8.95

Tuna and lemon crème fraîche (GF) 656KCAL £8.95

Baked beans and mature Cheddar cheese (V/GF) 776KCAL £7.95
(Vegan cheese available)

Classic Coronation chicken (GF) 735KCAL £8.95

Prawn Marie Rose 557KCAL £9.95

Beef chilli con carne with crushed avocado and sour cream 804KCAL £9.95

Add cheese 248KCAL £1.95

CHEF'S RECOMMENDATIONS

Served 11am - 4pm

Glazed goat's cheese and roasted beetroot salad (V/GF) 495KCAL £12.45

Caramelised walnuts, dressed watercress and pomegranate.

Chicken Caesar salad 776KCAL £12.45

Roast chicken breast, crispy bacon, cos lettuce, anchovies, sourdough croutons, Parmesan and Caesar dressing.

Festive club sandwich 1207KCAL £12.95

Breaded turkey, gherkins, brie, fried egg, spinach, mayonnaise and cranberry sauce, with gourmet chips and a choice of deli salad.

FRESHLY MADE TOASTED CIABATTAS

Served 11am - 4pm

Served with salad garnish and crisps.
Swap your salad and crisps for chips: £2.50

Grilled back bacon, brie and cranberry sauce 1098KCAL £8.95

Tuna, black pepper mayonnaise and Cheddar melt 848KCAL £8.95

Glazed ham, mature Cheddar and tomato 798KCAL £8.95

Smoked applewood, tomato and basil (V/VG) 702KCAL £8.95

SIDES

Served 11am - 4pm

Gourmet chips (V/VG/GF) 314KCAL £3.75

Cheesy gourmet chips (V/GF) 559KCAL £4.25

Garlic ciabatta with dressed watercress (V) 335KCAL £3.95

Seasonal salad (V/VG/GF) 273KCAL £3.25

HOT BEVERAGES

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SOUP

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Soup of the day £6.95

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Served with a warm white, brown or GF bread roll.

Swap your roll for a cheese scone £1.50

ROAST DINNER & HOT FOOD

Served 12pm - 3:30pm

All roast dinners served with mixed vegetables, thyme roast potatoes, Yorkshire pudding and red wine gravy

Garlic and thyme roast chicken supreme 886KCAL £15.95

Roast topside of beef 971KCAL £15.95

Honey glazed roast gammon 927KCAL £14.95

Three meats 1298KCAL £18.95

Grilled aubergine steaks (V) 469KCAL £12.95

Classic fish and chips (GF) 1070KCAL £14.95

Hand battered sustainably sourced cod fillet served with gourmet chips, buttered garden peas, homemade tartare sauce and a lemon wedge.

Sides

Roasted seasonal vegetables (V) 261KCAL £3.50

Thyme roast potatoes 184KCAL £3.50

Yorkshire pudding and red wine gravy 173KCAL £3.50

CHILDREN'S ROAST DINNER

Served 12pm - 3:30pm

Children's roast chicken 559KCAL £9.50

Children's roast beef 643KCAL £9.50

Children's honey glazed roast gammon 569KCAL £9.50

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