

DELI SELECTION

CHOOSE YOUR MAIN

Quiche of the day	£7.95
Please ask a member of the team for today's choice.	
Sausage roll of the day	£6.95
Please ask a member of the team for today's choice.	
Glazed ham 283KCAL	£6.95
Parmesan and herb crusted chicken breast (GF) 387KCAL	£7.45
Herb and lemon poached salmon (GF) 271KCAL	£8.95
Tandoori chicken thighs with mango chutney (GF) 413KCAL	£7.45
Goat's cheese and vegetable fritatta 472KCAL	£6.45
Greek style stuffed aubergine (V/GF) 206KCAL	£6.45
Red onion, peppers, courgettes, black olives, fresh parsley, oregano and Feta cheese. (Vegan cheese available)	

CHOOSE YOUR SALAD

Served 11am - 4pm

One salad: £3.25 Two salads: £5.95 Three salads: £7.95

Garden leaf salad, tomato, cucumber and spring onion (V/VG/GF) 46KCAL
Watermelon, cucumber and Feta salad with marinated mixed olives and mint (V/GF) 137KCAL
Grilled courgette, goat's cheese and pea salad with fresh mint (V) 215KCAL
Asian summer slaw with sugar snaps, chives and sesame seeds (V/VG) 73KCAL

BETWEEN THE BREADS

Served 11am - 4pm

Choice of baguette, multi-seed roll or bloomer bread.
Served with salad garnish and crisps (GF bread available)
Swap your salad and crisps for chips: £2.50

Roast beef and creamy horseradish with fresh arugula 1081KCAL	£9.45
Classic coronation chicken and fresh arugula 947KCAL	£9.45
Egg mayonnaise and chive (V) 912KCAL	£8.45
Tuna crème fraîche and cucumber 865KCAL	£9.45
Prawn Marie Rose 923KCAL	£9.95
Roasted Mediterranean vegetable and red pepper hummus with fresh arugula (V/VG) 997KCAL	£9.45

FRESHLY MADE TOASTED CIABATTAS

Served 11am - 4pm

Served with salad garnish and crisps.
Swap your salad and crisps for chips: £2.50

Grilled back bacon, brie and cranberry sauce 1098KCAL	£8.95
Tuna, black pepper mayonnaise and Cheddar melt 848KCAL	£8.95
Glazed ham, mature Cheddar and tomato 798KCAL	£8.95
Caribbean jerk chicken and Mozarella 561KCAL	£9.50
Smoked applewood, tomato and basil (V/VG) 702KCAL	£8.95

SIDES

Served 11am - 4pm

Gourmet chips (V/VG/GF) 314KCAL	£3.75
Cheesy gourmet chips (V/GF) 559KCAL	£4.25
Garlic and Parmesan chips with aioli (V) 623KCAL	£4.75
Chilli infused chips with Sriracha mayonnaise (V) 495KCAL	£4.75
Garlic ciabatta with dressed watercress (V) 335KCAL	£3.95

FOOD ALLERGIES AND INTOLERANCES

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(V) Vegetarian • (VG) Vegan • (GF) Gluten free • (DF) Dairy free • (N) Contains nuts

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SUNDAY LUNCH

SOUP

Served 11am - 4pm

Served with a warm white, brown or GF bread roll.

ROAST DINNER & HOT FOOD

Served 12pm - 3:30pm

All roast dinners served with mixed vegetables, thyme roast potatoes, Yorkshire pudding and red wine gravy

Roast topside of beef 971KCAL	£15.95
Garlic and thyme roast chicken supreme 886KCAL	£15.95
Honey glazed roast gammon 927KCAL	£14.95
Three meats 1298KCAL	£18.95
Grilled aubergine steaks (V) 469KCAL	£12.95

CHILDREN'S ROAST DINNER

Served 12pm - 3:30pm

Children's roast beef 643KCAL	£9.50
Children's roast chicken 559KCAL	£9.50
Children's honey glazed roast gammon 569KCAL	£9.50

SPECIALS

Served 12pm - 3pm

Classic fish and chips (GF) 1060KCAL	£13.95
Hand battered sustainably sourced cod fillet served with gourmet chips, buttered garden peas, homemade tartare sauce and a lemon wedge.	
Maple glazed ham (GF) 708KCAL	£13.45
Two fried eggs, gourmet chips, golden beetroot piccalilli, homemade red cabbage and caraway salad.	

RECOMMENDATIONS

Served 11am - 4pm

Chicken Caesar salad 513KCAL	£12.45
Roast chicken breast, crispy bacon, cos lettuce, anchovies, sourdough croutons, Parmesan and Caesar dressing.	
Glazed goat's cheese and roasted beetroot salad (V/GF) 495KCAL	£12.45
Caramelised walnuts, dressed watercress and pomegranate.	
Ploughman's lunch 1060KCAL	£11.95
Honey glazed ham, mature Cheddar cheese, Somerset brie, boiled egg, pickle, dressed rocket, crusty bread roll and salted butter.	

BAKED POTATOES

Served 11am - 4pm

Served with salad garnish

Tuna and lemon crème fraîche (GF) 656KCAL	£8.95
Homemade slow-cooked diced beef chilli with sour cream and avocado (GF) 859KCAL	£10.95
Classic Coronation chicken (GF) 735KCAL	£8.95
Prawn and crayfish with homemade mild chilli aioli (GF) 707KCAL	£9.95
Chickpea and spinach curry (V/VG) 781KCAL	£8.95
Baked beans and mature Cheddar cheese (V/GF) 764KCAL (Vegan cheese available)	£9.50

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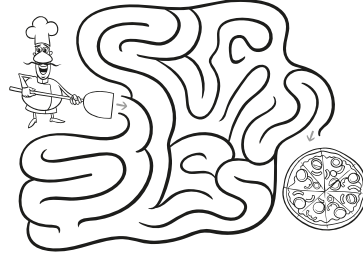
CHILDREN'S MENU

CHILDREN'S LUNCH

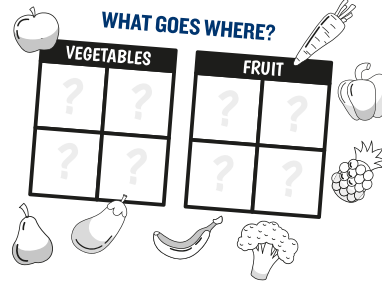
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- Half baked potato with baked beans and cheese (GF) 464KCAL £5.95
- Half baked potato with baked beans (GF) 412KCAL £5.95
- Half baked potato with cheese (GF) 553KCAL £5.95
- Half baked potato with tuna crème fraîche (GF) 483KCAL £5.95
- Pasta pomodoro (V/VG) 367KCAL £7.45
Penne pasta in rich & rustic tomato sauce topped with Parmigiano Reggiano served with garlic bread. (Vegan cheese available)
- Margherita pizza (V) 695KCAL £7.45
Margherita pizza topped with tomato sauce and grated mozzarella.
- Sausages and chips 393KCAL £7.45
Served with baked beans or buttered peas.
- Chicken goujons 334KCAL £7.45
Served with chips and baked beans
- Children's picnic bag 639KCAL £6.95
Choice of sandwich: cheese, ham, tuna or jam on white or brown bread. Also includes: drink carton, side, piece of fresh fruit and a sweet treat.

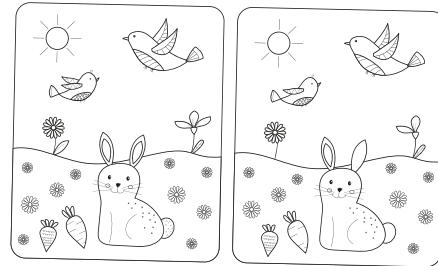
WHICH WAY TO THE PIZZA?



WHAT GOES WHERE?



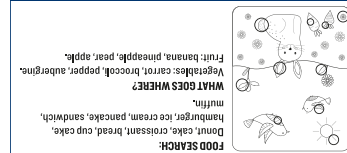
SPOT THE 10 DIFFERENCES



FOOD SEARCH



ANSWERS (and no cheating!)



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